



For Immediate Release
Serial No. PR-18-144
September 6, 2018
Office of the President

2018 Year of Good Health Small Grants Program Strengthens Health Education and Improves Quality of Life

On August 22nd, the Office of the President through the Grant's Office and the 2018 Year of Good Health Small Grants Program awarded a value of \$40,000 in grants to strengthen health education and improve the quality of life in schools and within the community.

The Ministry of Education was awarded a grant of \$10,000 to conduct a yoga program in collaboration with Omkar Yoga Palau. The purpose of the project is to provide schools with tools and resources to promote physical activity, character building, and mental and spiritual health awareness through the art of yoga.

The Ministry of Community and Cultural Affairs was awarded a grant of \$10,000 to conduct an NCD Awareness Campaign through essays and poster contests using the theme of "*A klisichir a rechad, a klisichel a beluu*". The program focuses on raising awareness of non-communicable diseases (NCD) among school aged children.

The Bureau of Aging, Gender and Disability under the Ministry of Community and Cultural Affairs was awarded a grant of \$10,000 to promote spiritual health learning and exchange through traditional dance, arts and crafts among our elderly citizens. The program further encourages exchange and learning with the youth and the community through creative arts and crafts, traditional and contemporary dances.

The Bureau of Public Service System under the Ministry of Finance was awarded a grant of \$10,000 to conduct health screenings for all Executive Branch employees through the Worksite Wellness Program. The Worksite Wellness Program was established to promote and raise awareness among employees of the importance of making healthy life choices that result in personal and professional growth.

President Remengesau commended all grant recipients for seeking creative and innovative ways to promote the importance of health and fitness in our community.

The 2018 Year of Good Health Small Grants Program is made possible with support from the Government of India.